
Genetic resources for enriching diets and improving nutrition

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Alliance of Bioversity and CIAT
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Where we are and where do we want to go?



Focus on leveraging potential of genetic resources for maximizing yields

Increased focus on nutrition and need for diversity of nutrients.

Potential of genetic resources to select/co-develop nutrient-rich varieties demonstrated and increasingly utilized.

Evidence-base on importance of whole-of-diet diversity for human and planetary health strong, growing and increasingly emphasized.

Urgent calls for **food systems transformation** for improved nutrition, planetary health, equity and resilience

Opportunities for leveraging the potential of genetic resources?

1. Address the multiple dimensions of malnutrition

We are experiencing a profound paradox



Global malnutrition is massive, and complex

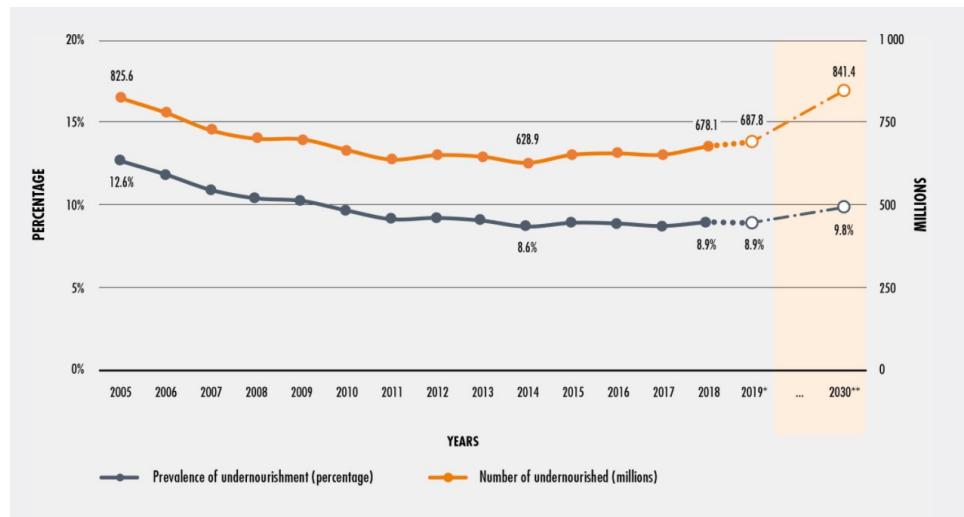
690 million
of the world's population are undernourished

144 million
children under five years of age are stunted

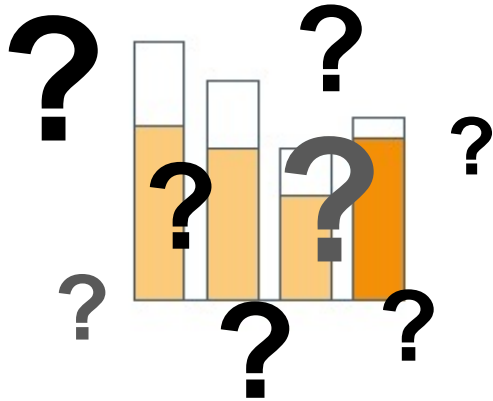
47 million
children under five years of age are wasted

38 million
children under five years of age are overweight

2.1 billion
adults are overweight or obese



Hidden hunger remains significant but is shrouded in mystery



It's often cited that:

“Over 2 billion people worldwide suffer from a chronic deficiency of micronutrients, a condition known as hidden hunger.” -- World Health Organisation, 2006

Yet we don't know the state of micronutrient deficiencies in nutritionally vulnerable populations, such as children under five years of age, women and adolescent girls

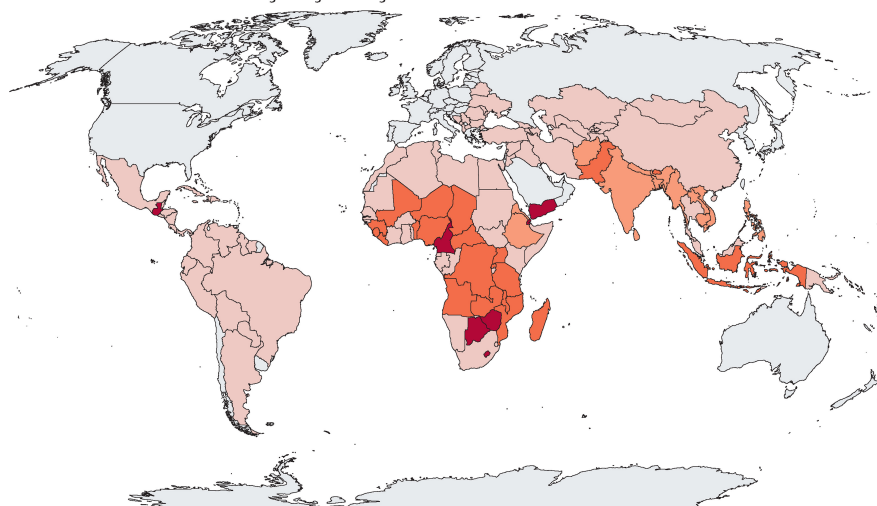
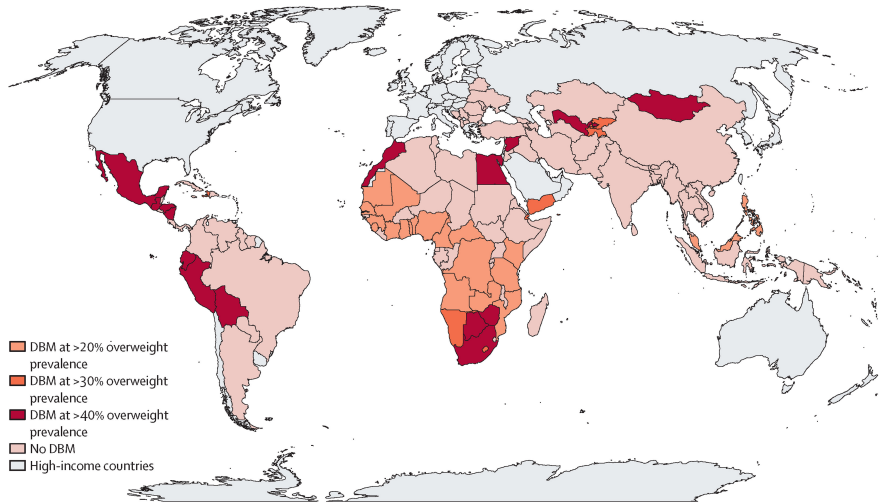
The double burden of malnutrition is rising in low- and middle-income countries

Countries with DBM in the 1990s

Countries with DBM in the 2010s

A Countries with DBM in the 1990s according to weight and height data

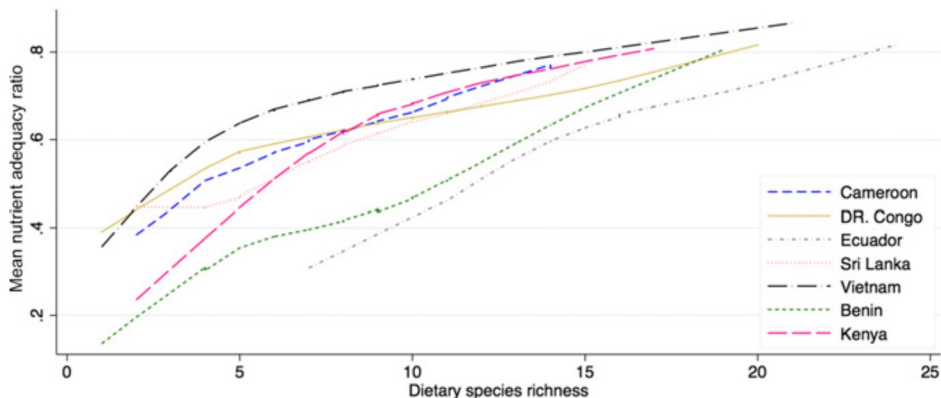
B Countries with DBM in the 2010s according to weight and height data



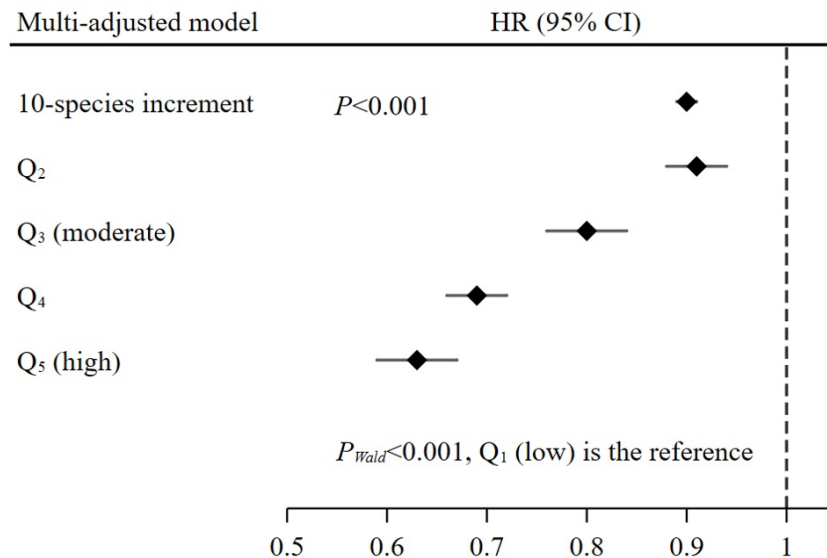
- DBM at >20% overweight prevalence
- DBM at >30% overweight prevalence
- DBM at >40% overweight prevalence
- No DBM
- High-income countries

Evidence-base that species and genetic DIVERSITY can address multiple dimensions of malnutrition

Increased adequate nutrient intake

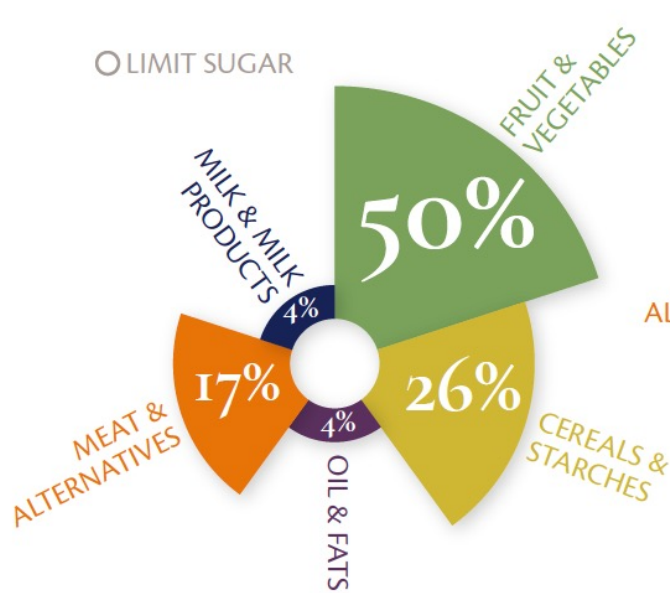


Reduced mortality rate

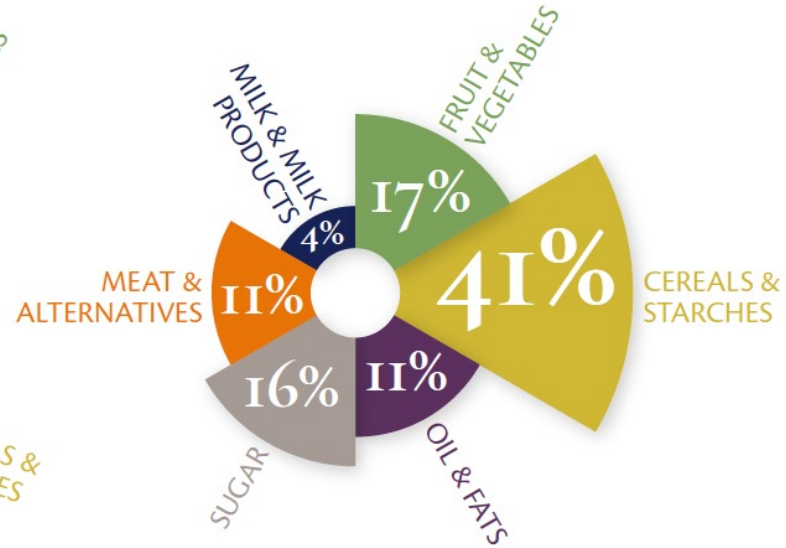


Support access of genetic resources for a diversity of food types

How we should be eating
(Harvard's healthy eating plate model)

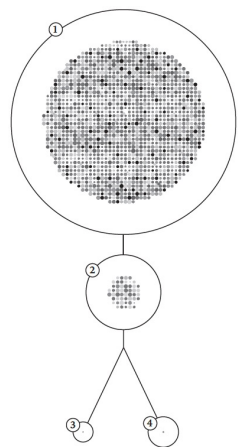


What we are actually producing
(According to 2011 FAO)



Source: Redrawn from data in KB KC et al. (2018)¹⁵⁸

Strengthen non-staples genetic resources work



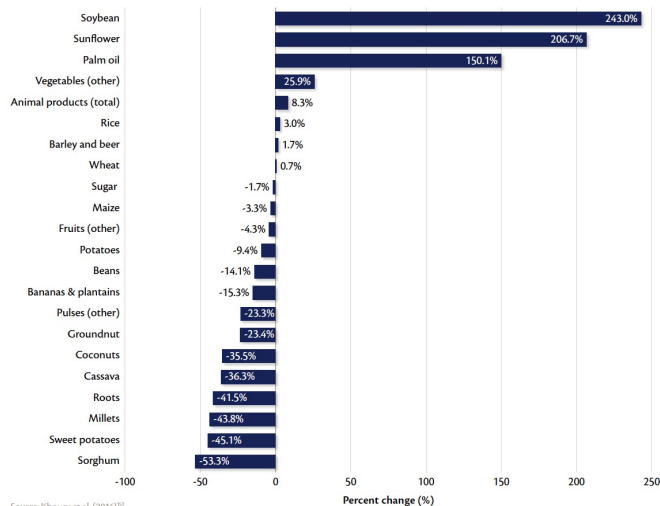
- ① **391,000**
GLOBALLY IDENTIFIED
PLANT SPECIES

 - ② **5,538**
NUMBER OF CROPS USED
FOR FOOD BY HUMANS
THROUGHOUT HISTORY

 - ③ **3**
RICE, MAIZE, AND WHEAT
CURRENTLY PROVIDE 50%
OF THE WORLD'S CALORIES
FROM PLANTS

 - ④ **12**
12 CROPS THAT TOGETHER
WITH 5 ANIMAL SPECIES*
PROVIDE 75% OF THE
WORLD'S FOOD TODAY
- * (IN ORDER OF GLOBAL CONSUMPTION, COWS, CHICKENS, PIGS, GOATS, AND SHEEP)

Changes in relative abundance of crops
(1960–2009 in terms of calories)

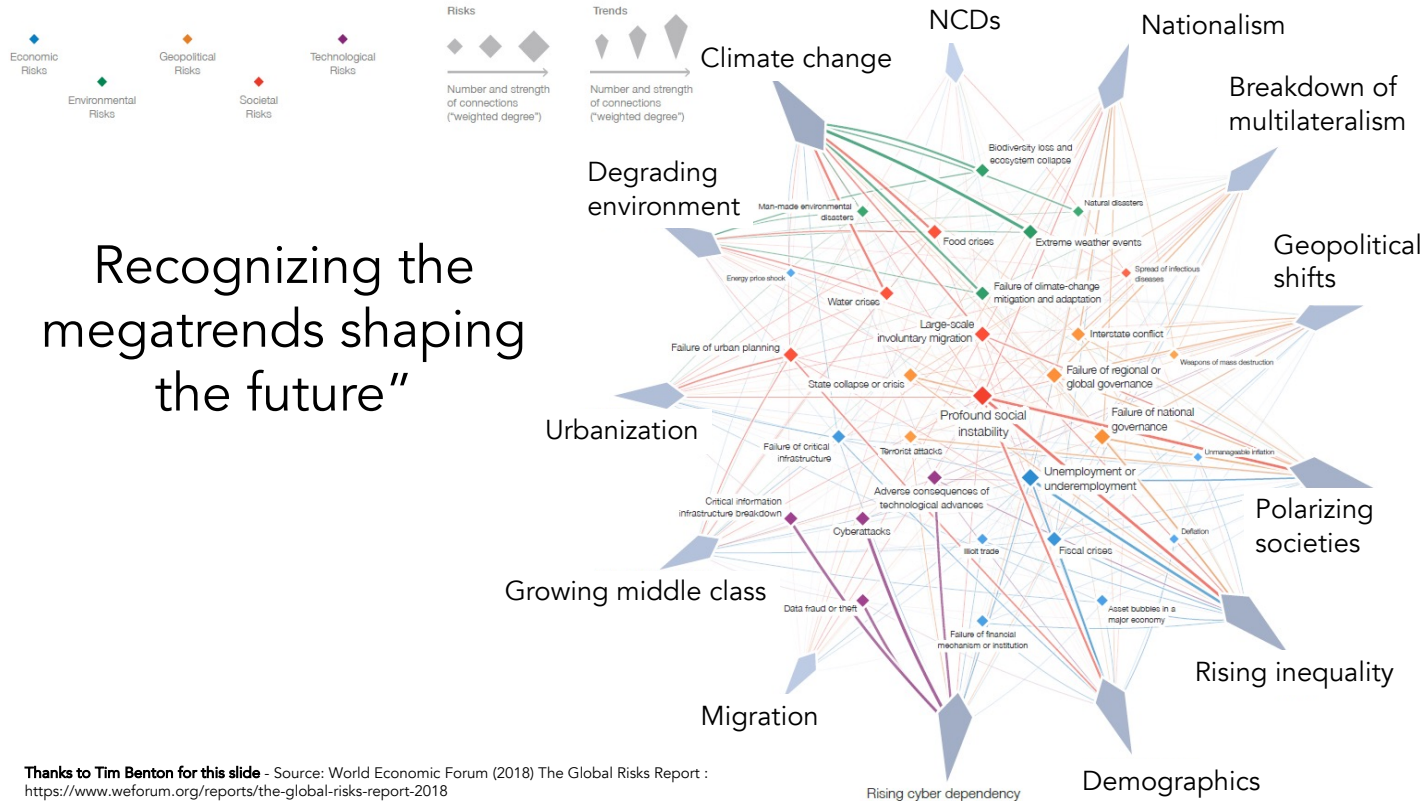


Most research on the impact of climate change on the nutrient content of crops has focused on staple crops; to date, very few studies have examined how climate change may influence changes in production and consumption of non-staple food groups. More research is needed on how different kinds of crops – particularly those that are nutrient-dense such as fruits, vegetables, and legumes – will fare in a +2 C degree world.

Source: Khoury et al. (2014)¹⁸

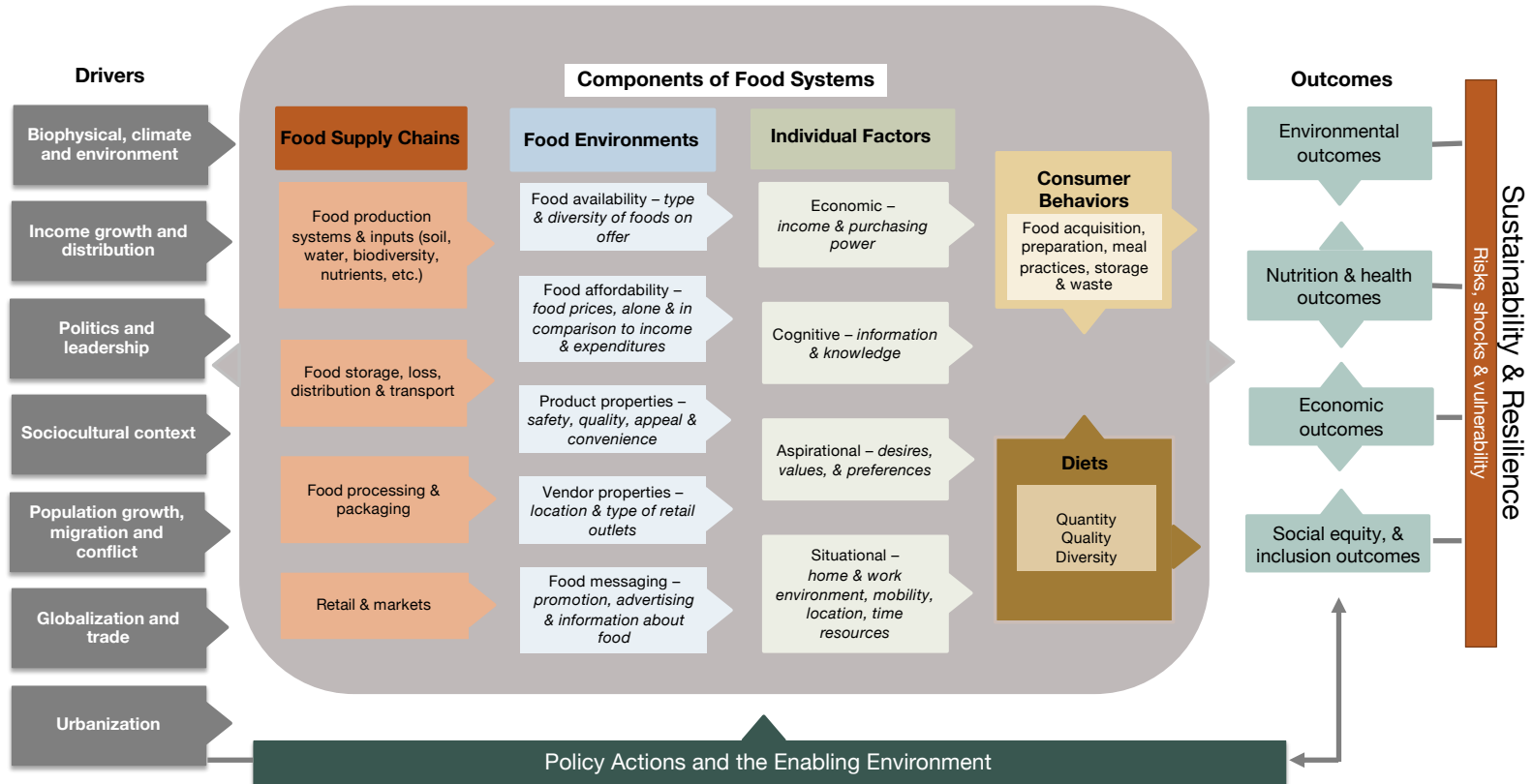
2. Take a food systems approach, engaging with multiple actors and policies and bundling solutions

The strength of multi-functionality of genetic resources



Recognizing the megatrends shaping the future"

Food systems approach and genetic resources





Biodiversity for Food and Nutrition Project



- Context and partner-based approach – **unique/novel**
- Demonstrating value of nutrient-rich species
- Mainstreaming biodiversity across sectors
- Awareness



Evidence



Policy/Markets

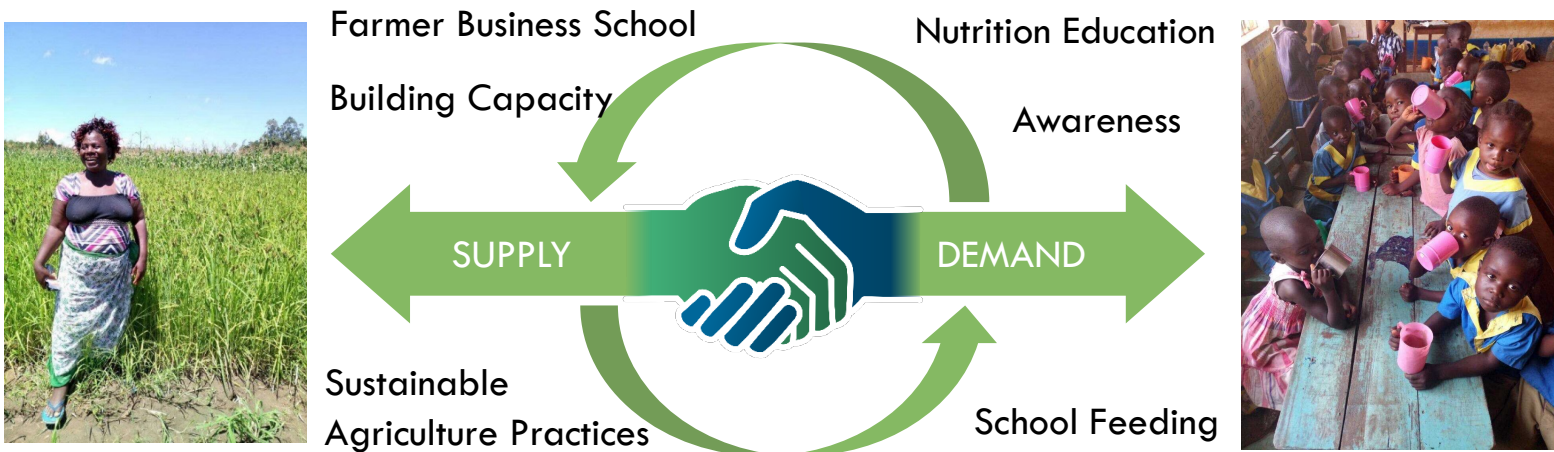
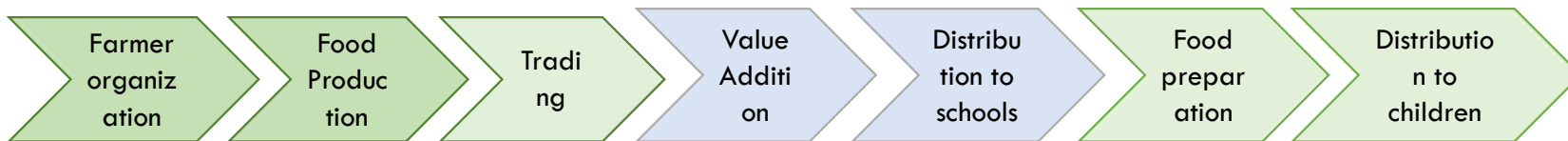


Desirability



Biodiversity for Food and Nutrition Project

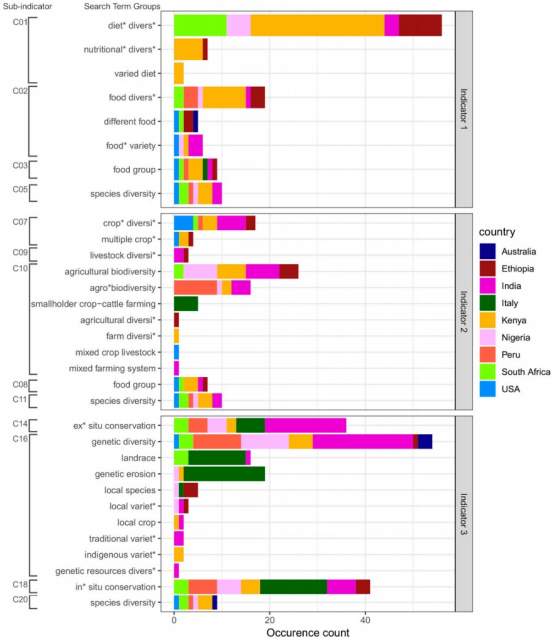
- E.g. Kenya
 - Farmer Business School: training, linking farmer groups directly to schools
 - Home-Grown School Feeding



Leveraging the potential of genetic resources potential in food-based dietary guidelines and nutrition policies

Analysis of nutrition and agricultural policies for agrobiodiversity inclusion Juventia et al. 2020

Increased attention for food-based dietary guidelines as connector between different food system related policies and guidelines



Food-based dietary guidelines

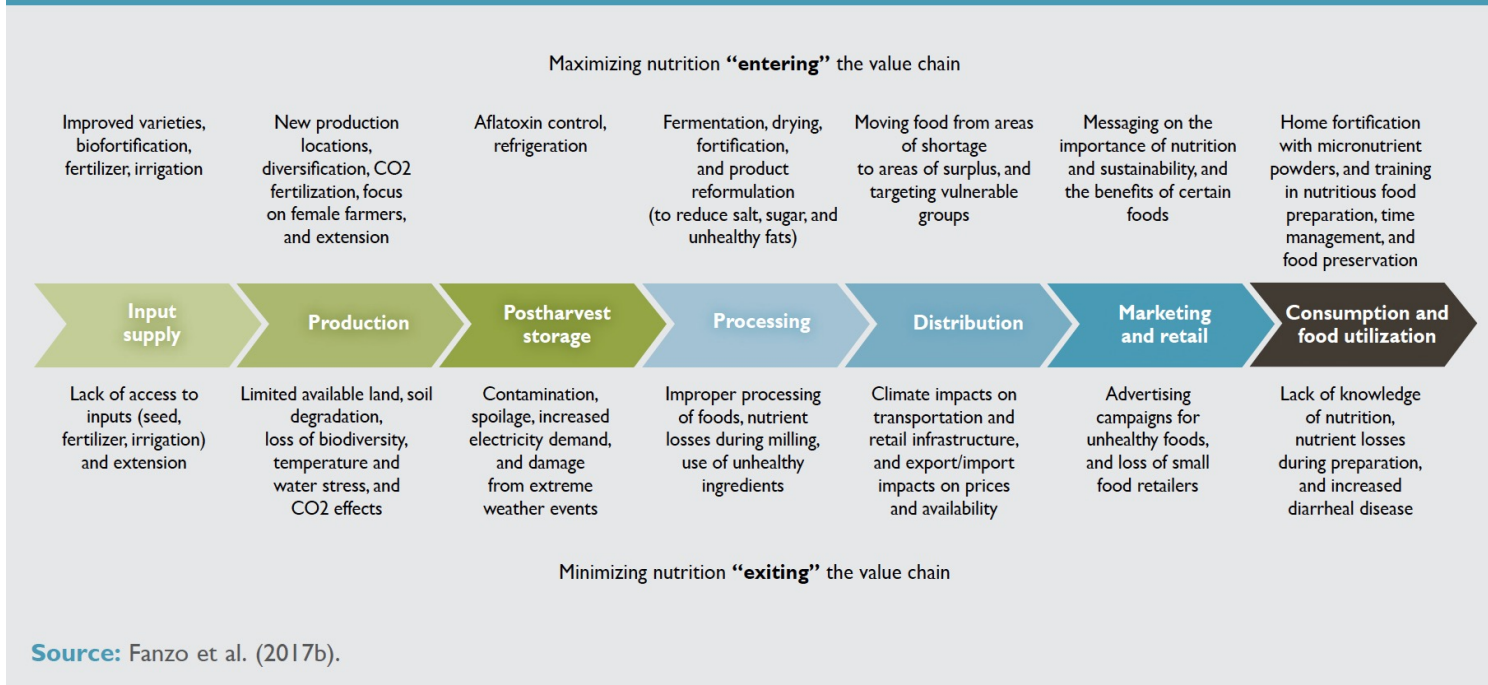
- Background
- Regions
- Resources
- Capacity development

Food-based dietary guidelines (also known as dietary guidelines) are intended to establish a basis for public food and nutrition, health and agricultural policies and nutrition education programmes to foster healthy eating habits and lifestyles. They provide advice on foods, food groups and dietary patterns to provide the required nutrients to the general public to promote overall health and prevent chronic diseases.



Bundling of solutions

FIGURE 1. Entry and exit points for increasing net nutrition along the food value chain under climate change



Bundling of innovations

NUTRITION
CONNECT

[About](#) | [Priority areas](#) | [What's new](#) | [Resource centre](#) | [Events and webinars](#) | [Get involved](#)



*Innovative Food System Solution
(IFSS) portal*

3. Monitor indicators on genetic resources along
the food system
'to manage it, we need to measure it'

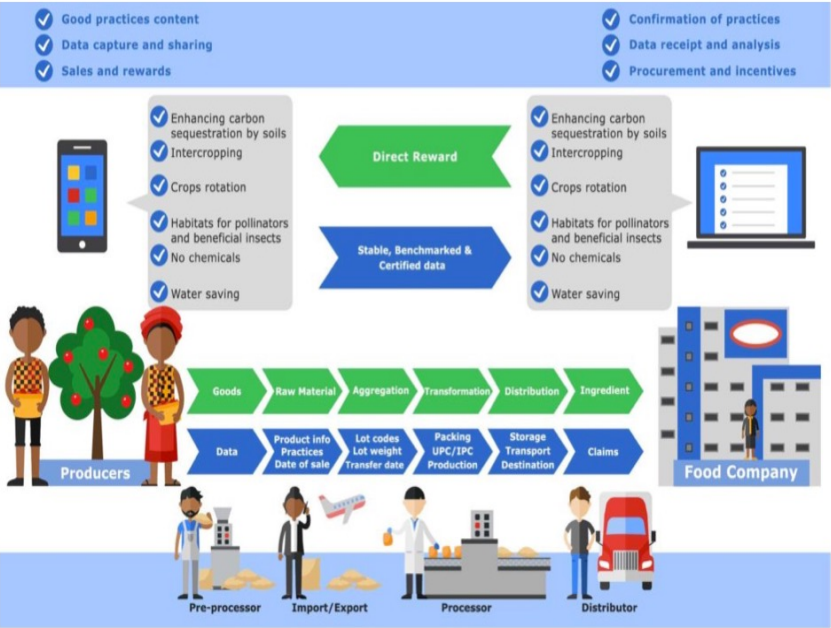
'Movement' of increasing transparency and traceability



Traceable supply chains mitigate operational and financial risk from systemic shocks like recalls, outbreaks and climate events.



PRODUCER



CONSUMER

Link to nutrition and food systems approaches for monitoring and tracking change

FOOD SYSTEMS DASHBOARD

ABOUT | METHODS

FOOD SYSTEMS DASHBOARD
DESCRIBE. DIAGNOSE. DECIDE.
Food systems data for improving diets and nutrition

COMPARE AND ANALYZE

COUNTRY PROFILES

POLICIES AND ACTIONS

WHAT'S NEW?

AGROBIODIVERSITY INDEX

PILLAR 1
Healthy diets

PILLAR 2
Sustainable agriculture

PILLAR 3
Current and future use options

COMMITMENT

ACTIONS

STATUS

2 ZERO HUNGER
3 GOOD HEALTH AND WELL-BEING
12 RESPONSIBLE CONSUMPTION AND PRODUCTION
2 ZERO HUNGER
1 NO POVERTY
15 LIFE ON LAND
2 ZERO HUNGER
13 CLIMATE ACTION
17 PARTNERSHIPS FOR GOALS

1. Consider the multiple dimensions of malnutrition
2. Take a food systems approach, engaging with multiple actors and policies and bundling solutions
3. Monitor indicators on genetic resources along the food system

Thank you

